

# Toukley District Little Athletics Centre Newsletter

March 2015



This is the last newsletter for the summer; however the website will be updated over the winter. TDAC has grown enormously this year. It's wonderful to have so many helping hands on a Friday evening. We hope some of you will consider joining the committee. **Our AGM is on Monday 4<sup>th</sup> of May at 7pm in Lakehaven MacDonald's.** A special thanks to Laura and Trudi for stepping in to operate the canteen!

**Last Athletics at Warnervale on Friday 27/3/15.**

**2015-16 Athletics season scheduled to start with 2 evenings of training on Friday 25/9 and 2/10. Competition starts on 9/10/2015.**

**Registration available on line from August**

## Presentation Evening

We look forward to celebrating our fun and successful season with all athletes, parents and other proud family members at the:

**TDAC Presentation Ceremony,  
Toukley Neighborhood Centre,  
Heador St Toukley,  
on Saturday 28<sup>th</sup> March, starting at 5pm.**

We will begin with a barbeque and games in the park. Dinner is complimentary for athletes but parents and family need to pay (\$3 for sausages and \$4 for burgers). **Hot food must be ordered and paid for over the next 3 Friday nights.**

There will be no extra BBQ food available to purchase on presentation night. However cold drinks and ice-cream can be purchased. We need parent helpers to supervise games on the grass outside the hall. Parents are responsible for their own children while in the park.

Trophy presentation will begin promptly at 6pm. There are a limited number of chairs so please bring your own fold-up chairs. We aim to finish by 8pm, and hope some families stay to help with packing up the hall.

## Regional Carnival

Congratulations to the 15 athletes who competed at the Regional Carnival on 14-15<sup>th</sup> February.

**Abigia** Barrett: Shot put -5<sup>th</sup>  
**Nicholas** Signal: Discus-3<sup>rd</sup>, shot put-4<sup>th</sup>  
**April** Carty:javelin -8<sup>th</sup>  
**Isla** Carty:shot put-14<sup>th</sup>  
**Courtney** Doyle: 400m sprint- 3<sup>rd</sup>  
**Keegan** Freeman: 60m Hurdles- 1<sup>st</sup> , 100m sprint- 2<sup>nd</sup> , long jump 5<sup>th</sup>, 70m sprint- 2<sup>nd</sup> ,  
**Mackenzie** Freeman: high jump -9<sup>th</sup>  
**Kyra**Powell-Caffyn: high jump- 6<sup>th</sup>, shot put-11<sup>th</sup>, javelin-8<sup>th</sup>  
**Brandy** Simpson:100m sprint- 7<sup>th</sup>, 70m sprint-5<sup>th</sup> 200m- 7<sup>th</sup> in heat  
**Emily** Teale: 100m hurdles 10<sup>th</sup>, discus-7<sup>th</sup>, shot put-8<sup>th</sup>,  
**Joe** Teale: 60m hurdles -13<sup>th</sup>, discus- 13<sup>th</sup>, shot put-10<sup>th</sup>, javelin-6<sup>th</sup>  
**Shelby** Thompson: discus- 12<sup>th</sup>, shotput -8<sup>th</sup>  
**Mia** Tongue: 700m 2<sup>nd</sup>  
**Nathan** Williams: Shotput -12<sup>th</sup>, 700m -8<sup>th</sup>  
**Charlotte** Wills: javelin -11<sup>th</sup>

Thank you to the elite few parents and 1 athlete who assisted with marshaling or running events: Paul Carty, Vanessa Freeman, Melissa Teale, Tomiko and Gelila Barrett

We wish Keegan and Nicholas success at the State Carnival.

## Roster for Parents

### Friday 6<sup>th</sup> March:

- Equipment set up U8
- Starter U9 &10
- Timekeeping U11 & 12
- Recording Teens
- Canteen Tots
- Equipment pack up U6

### Friday 13<sup>th</sup> March:

- Equipment set up U7
- Starter U8
- Timekeeping U9 & 10
- Recording Tots
- Canteen Teens
- Equipment Pack up U11 & 12

### Friday 20<sup>th</sup> March:

- Equipment set up U6
- Starter U7
- Timekeeping U8
- Recording U9 & 10
- Canteen U11 &12
- Equipment Pack up Teens

### Friday 27<sup>th</sup> March:

- Equipment set up Tots
- Starter U6
- Timekeeping U7
- Recording U8
- Canteen U9&10
- Equipment pack up U11 and 12

To our athletes: We hope you had a lot of fun, made friends and learnt new skills. Keep fit over winter and see you next season!