

# Toukley District Little Athletics Centre Newsletter

February 2015



## Congratulations

Our club president and treasurer competed at the Country championships in Glendale at the end of January. Paul Carty won a gold medal in 400m hurdles and Stuart Hayward won gold in 400m sprint. Fantastic effort by Nicholas Bignall who won silver in javelin and bronze in shot put!

## Fund Raising

Funds raised by the canteen in January were used to purchase more paper for the multi-timers and a new gas bottle for our BBQ.

We are beginning fund raising for presentation night, starting with a **cake stall each Friday**. If your age group is rostered for the canteen can you please bring along some cupcakes, cookies or slices (nut free) to sell at the canteen.

## Canteen

The Canteen will hold a BBQ each Friday alternating between sausages and chicken burgers, instead of hot dogs. On hot nights cool down with our very cheap Lipstick ice-blocks.

## Wet Weather

Friday competition may be cancelled some evenings due to wet weather, imminent thunder storms or extremely wet weather during the week. Even if Friday is sunny the grounds may be too wet and boggy for athletics to be conducted safely. Wyong Shire Council publishes the decision about ground closure at 3pm on Friday afternoons. The TDAC committee is not able to publish cancellation of our comp night until after this. If there has been wet weather through the week please check the TDAC facebook or website for cancellation notification after 4pm.

**No Athletics at Warnervale on Friday 13/2/15 due to Regional Carnival**

## Coaching

Coaching is now available on Wednesday evenings at the **Harry Moore Oval** in Toukley, commencing at 5:40pm. Please note the change in venue due to Lakes Grammar using the Warnervale facility on Wednesdays. David Bignall will coach javelin. Stuart Hayward will coach track events.

## Regional Carnival

Congratulations to the 19 athletes qualified (either place getters or with times/distances) to compete at the Regional Carnival at Hunter Sports Centre (Glendale) on the 14 & 15 February. **First call for athletes is 8:45 and competition starts at 8am!** You can check the order of events and other qualifiers by following the link on our website to Central Coast Zone, then click on Region.

Can you please **check that you have your correct uniform**. Last year's uniform cannot be worn at the regional carnival. Also check that your **registration, age and centre number patches are sewn on the correct sites, with the red border visible**. Athletes will not be allowed to compete if patches are incorrect.

Paul Carty will be our team manager for the weekend. Please look for the TDAC banner under our new Jetstar gazebo (or in the grand stand if we can fit). Programs and regional shirts are available for collection from Paul at the carnival. **Please give final payment for regional shirts to Tomiko on Friday evening.**

All parents of competing athletes are required to help at this carnival. TDAC must supply a starter, and computer, track and finish line assistants all weekend. Please nominate where you will help on Friday evening or as you sign in with the team manager at the carnival.

## Presentation Evening

Your committee members are busy organising the TDAC Presentation night, which will be on a Friday evening at the end of March or April, depending on venue availability. If anyone would like to help with presentation night please speak to Paul, Tomiko or Vanessa.

**Perpetual trophy recipients from 2013-14 season:** please return your trophies to the committee members this month!

## Roster for Parents

### Friday 6th February:

- Equipment set up Tots
- Starter U6
- Timekeeping U7
- Recording U8
- Canteen U9&10
- Equipment pack up U11 and 12

### Friday 20th February:

- Equipment set up U11 & U12
- Starter Teens
- Timekeeping Tots
- Recording U6
- Canteen U7
- Equipment Pack up U8