

Toukley District Athletics Centre Newsletter

February 2016



Welcome

There have been some new registrations since the Christmas break. We welcome these keen athletes and their families to our club.

Congratulations Nicholas!

Nicholas recently competed at the Country Championships and won 3 medals in field events.

Presentation Evening

The Athletics season is drawing to a close. **Our last night of competition will be 11/3 followed by a "Fun Night" on 18/3**, then a break for Easter Friday. We look forward to celebrating our fun and successful season with all athletes, parents and other proud family members at the:

TDAC Presentation Ceremony.
Toukley Neighborhood Centre,
Heador St Toukley,
On Saturday 2nd April, Starting at 5pm

We will begin with a dinner and games in the park. Dinner (boxed chicken nuggets and French Fries) is complimentary for athletes but parents and family need to pay. **Hot food must be ordered and paid for over the next 3 Friday nights.** There will be no extra BBQ food available to purchase on presentation night. However cold drinks and ice-cream can be purchased.

We need parent helpers to supervise games on the grass outside the hall. Parents are responsible for their own children while in the park.

Trophy presentation will begin promptly at 6pm. There are a limited number of chairs so please bring your own fold-up chairs. We aim to finish by 8pm, and hope some families stay to help with packing up the hall.

Perpetual trophy recipients from 2014-15 season: please return your trophies to the committee members this month!

Coaching

Coaching is now available on Wednesday evenings at the **Harry Moore Oval** in Toukley with Paul Carty.

Great Results at Regional Carnival

Our little team of 18 athletes brought home 8 medals from the Regional Carnival at Hunter Sports Centre (Glendale) on the 13&14th February!

Medalists:

Nicholas Bignall - U 14 Discus 1st

U 14 Shot Put 2nd

U 14 Javelin 1st

Keegan

U 10 Long Jump 1st

U 10 60 Metre Hurdles 2nd

Mia Cross

U 9 60 Metre Hurdles 2nd

U 9 Long Jump

U 9 100 Metre finalist

U 9 70 Metre Sprint 2nd

Courtney Doyle

U 14 100 Metre Sprint

U 14 400 Metre Sprint 3rd

Congratulations to all Toukley athletes who competed and did their best in very hot conditions. A big thank you to Vanessa Freeman, who worked hard as our team manager for the weekend, and Paul Carty who was the carnival safety officer.

Results:

Abigia Barrett -

Girls U 13 Shot Put 5th

Amelia Carty -

U 11 1500 Metre Run

U 11 Long Jump 3.78m

U11 200m sprint

April Carty

U 13 Javelin

Chanelle

U 12 100 Metre personal best time

U 12 400 Metre Sprint finalist

Travis Eagleton

U 8 Shot Put

U 8 400 Metre finalist

U 8 700 Metre Run 5th

Elijah

U 9 70 Metre Sprint

Mackenzie Freeman

U 12 Javelin

Siena Hall

Girls U 11 100 Metre sprint.

Luca McDermott

U 12 High Jump 10th

U 12 60 Metre Hurdles 4th

U 12 100 Metre Sprint 4th

Lucinda Middleton

U 13 400 Metre Sprint finalist

Dane Priest

U 17 Javelin (700 Gram)

U 17 3000 Metre Run

U 17 800 Metre Run 6th

Justine Priest

U 17 1500 Metre Walk 7th

Mia Tongue

U 9 60 Metre Hurdles

U 9 400 Metre Sprint Heats finalist

U 9 800 Metre Run 8th

Mia Watts

U 11 Discus 5th